

Supervision Prep

Cases · Questions · Feedback · Action Items

Supervision Suite · Supervision tools

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Part 1 · Overview

Log cases to discuss, track clinical questions, capture supervisor feedback, and follow through on action items to ensure continuity in your professional development.

Part 2 · Prep Sheet

Session Label *

e.g. April 10 Supervision with Dr. Smith

Supervisor Name

Supervisor's name

Session Date

Status

☐ Draft ☐ Ready for Supervision ☐ Completed

Cases to Discuss(1)

Case 1 Routine

Client Initials

Urgency

Routine

Presenting Concern / Context

Brief clinical context — what's happening with this client?

Clinical Question for Supervisor

What do you specifically want guidance on?

Countertransference / Personal Notes

What's coming up for you personally with this case?

Clinical Questions(1)

What clinical question do you want to explore in supervision?

Other

Other

Supervisor Feedback

Notes from your supervisor — key guidance, observations, and insights from the session...

Follow-Up Action Items

Action item...

Personal Reflection

What are you taking away from this supervision? What will you do differently?
