

Collaborative Care

Interdisciplinary Teams, Integrated Models & Co-Treatment Excellence

Intensives Library · Programs, Systems & Workflow

CONTENTS

- Part 1 · Overview
- Part 2 · Slides
- Part 3 · Mind Map
- Part 4 · Assessment
- Part 5 · Worksheet

Part 1 · Overview

Collaborative Care

Integrated, collaborative care models produce significantly better outcomes for clients with co-occurring disorders and complex needs. This intensive develops the competencies for working effectively within interdisciplinary teams, co-facilitation partnerships, and collaborative treatment planning structures.

Learning Slides

Collaborative frameworks, interdisciplinary communication, and integrated care models.

Mind Map

Visual framework for collaborative care dimensions and team structures.

Self-Assessment

Evaluate your collaborative care competencies and team effectiveness.

Worksheet

Practical exercises for building collaborative clinical practice.

Part 2 · Slides

Collaborative Care Integration

Building a Unified Approach to Treatment Planning and Delivery

A comprehensive team integration implementation guide

The Recovery Files - Embrace, Empower & Evolve

The Cost of Treatment Silos

- 1Traditional treatment models create artificial barriers between clinical and programming staff, limiting treatment effectiveness
 - 2Information gaps between team members lead to missed opportunities for therapeutic reinforcement and coordinated intervention
 - 3Patients experience fragmented care when treatment team members operate independently rather than collaboratively
-

The Multiplication Effect of True Collaboration

- 1Collaborative care integration multiplies treatment impact through coordinated, unified therapeutic approaches
 - 2Shared decision-making leverages diverse expertise while maintaining patient-centered focus
 - 3Integrated care models produce superior outcomes through comprehensive, coordinated intervention strategies
-

Beyond Coordination to True Integration

- 1Coordination means team members work together; integration means they function as a unified therapeutic entity
 - 2Collaborative care dissolves professional boundaries while maintaining appropriate clinical roles and responsibilities
 - 3True integration creates seamless care delivery where every team member contributes to unified therapeutic objectives
-

Structured Communication Channels

- 1Daily huddles provide immediate opportunities to address emerging concerns and maintain team alignment
- 2Weekly case conferences allow for deeper exploration of complex cases and collaborative problem-solving

- 3Monthly strategic meetings ensure long-term care planning remains coordinated and patient-centered
-

Technology as Communication Catalyst

- 1HIPAA-compliant digital platforms ensure critical information flows seamlessly between team members
 - 2Real-time communication systems support responsive care delivery when patient needs change
 - 3Integrated documentation platforms create comprehensive patient records reflecting multiple perspectives
-

Cross-Functional Understanding

- 1Job shadowing opportunities help staff develop deeper appreciation for colleagues' roles and responsibilities
 - 2Regular cross-training sessions ensure all team members maintain current knowledge of different approaches
 - 3Monthly team-building activities strengthen professional relationships and improve collaborative problem-solving
-

Think Tank Meetings and Innovation

- 1Bi-weekly think tank meetings provide structured opportunities to address systemic challenges
 - 2Interdisciplinary working groups tackle specific issues while drawing on diverse perspectives
 - 3Collaborative problem-solving ensures solutions are comprehensive and consider all aspects of treatment
-

Progress Tracking Through Multiple Perspectives

- 1Centralized progress tracking systems integrate observations from all treatment team members
 - 2Daily progress notes incorporate multiple perspectives, creating complete pictures of patient progress
 - 3Visual progress boards maintain focus on achievements while highlighting areas requiring attention
-

Integrated Assessment and Treatment Planning

- 1Collaborative assessment processes begin at admission, ensuring comprehensive understanding

- 2Team-based interpretation ensures priorities reflect both clinical needs and practical implementation
 - 3Patient involvement through self-evaluation tools aligns treatment plans with individual goals
-

Treatment Planning Meetings as Collaborative Forums

- 1Comprehensive meetings bring together therapists, medical staff, case managers, and coordinators
 - 2Rotating chair systems ensure all perspectives receive equal consideration in decision-making
 - 3Standardized agendas maintain focus while allowing for creative problem-solving
-

Dynamic Documentation and Real-Time Coordination

- 1Dynamic treatment plans serve as living records updated in real-time to reflect changing needs
 - 2Color-coding systems help team members quickly identify different aspects and coordinate interventions
 - 3Automated alerts ensure all staff remain informed of significant changes in patient status
-

Goal Alignment and Translation

- 1Goal alignment workshops provide opportunities to coordinate clinical and programming objectives
 - 2'Goal translation' processes bridge gaps between clinical objectives and programmatic activities
 - 3Visual goal maps illustrate how different treatment components contribute to overall progress
-

Patient-Centered Planning Sessions

- 1Patient-centered planning brings together patients and all staff for collaborative strategy development
 - 2Shared decision-making tools facilitate meaningful patient involvement in treatment planning
 - 3Regular feedback opportunities ensure plans remain aligned with patient needs and preferences
-

Quality Assurance Through Collaboration

- 1Collaborative quality assurance ensures effectiveness through multiple perspective monitoring
- 2Regular team assessment identifies areas for improvement and celebrates successful integration

- 3Outcome measurement systems track collaborative care impact on patient satisfaction and effectiveness

Part 3 · Mind Map

Collaborative Care Integration Implementation Map

Strategic 4-Phase Implementation Timeline

This implementation map provides a comprehensive timeline for developing collaborative care integration. Follow the phases sequentially for systematic team unity and coordinated care excellence.

Phase 1: Foundation Assessment and Communication Infrastructure

Weeks 1-12

Weeks 1-2: Current Collaboration Assessment

- Complete collaborative care integration assessment for all team members
- Evaluate existing communication patterns, meeting structures, and coordination effectiveness
- Assess current technology systems supporting team communication
- Identify barriers to effective communication and information flow
- Analyze missed opportunities for collaboration and coordinated care delivery
- Document current professional relationships and cross-functional understanding

Weeks 3-4: Communication Infrastructure Design

- Design daily huddle protocols ensuring patient care coordination
- Develop standardized communication formats for urgent patient care situations
- Plan physical and virtual spaces supporting effective team communication
- Evaluate HIPAA-compliant digital platforms for seamless information flow
- Assess integration capabilities with existing electronic health record systems
- Plan technology training and support systems

Weeks 5-6: Weekly Case Conference Structure Development

- Develop structured weekly case conference formats
- Create standardized agendas ensuring comprehensive patient care review
- Plan case presentation formats facilitating multi-perspective input
- Design physical meeting spaces supporting collaborative discussion
- Plan virtual meeting capabilities for remote team members
- Develop meeting facilitation training for rotating leadership

Weeks 7-8: Cross-Functional Team Development Design

- Design job shadowing opportunities helping staff understand colleagues' roles
- Plan cross-training sessions ensuring understanding of different approaches
- Create professional development opportunities strengthening relationships
- Design monthly team-building activities
- Plan interdisciplinary learning opportunities

- Develop trust-building exercises supporting professional confidence

Weeks 9-10: Collaborative Problem-Solving System Design

- Design bi-weekly think tank meeting protocols
- Create interdisciplinary working group structures
- Plan innovation support systems encouraging creative problem-solving
- Develop outcome measurement systems tracking collaborative care impact
- Create feedback collection protocols from team members and patients
- Plan regular assessment and refinement processes

Weeks 11-12: Assessment and Treatment Planning Integration

- Develop team-based assessment interpretation processes
- Create patient involvement protocols for meaningful participation
- Plan assessment documentation systems reflecting multiple perspectives
- Finalize implementation timeline with specific milestones
- Allocate resources for technology enhancement and training programs
- Develop staff scheduling protocols supporting enhanced collaboration time

Phase 2: Core Collaborative Care System Implementation

Weeks 13-24

Phase 3: Advanced Collaboration and Integration Optimization

Weeks 25-36

Phase 4: Sustainability and Continuous Excellence

Ongoing

Implementation Success Factors

Leadership & Culture

- Collaborative care champion development and coordinator roles
- Organizational culture emphasizing collaboration and shared decision-making
- Balance between standardization and flexibility for individualization

Technology & Infrastructure

- Reliable technology infrastructure supporting seamless communication
- Comprehensive training and ongoing support for technology utilization
- Privacy and security systems ensuring HIPAA compliance

Weeks 13-24

Weeks 13-14: Communication System Launch

- Begin daily huddle implementation with structured formats
- Launch technology platform utilization for real-time communication
- Implement immediate patient care coordination protocols

- Begin comprehensive training in collaborative communication skills
- Launch technology platform training ensuring all staff utilization
- Implement feedback collection systems for communication effectiveness

Weeks 15-16: Weekly Case Conference Implementation

- Begin weekly case conference implementation with standardized agendas
- Launch rotating facilitation system ensuring balanced leadership
- Implement case presentation formats facilitating multi-perspective input
- Begin systematic monitoring of meeting effectiveness
- Launch feedback collection on case conference quality
- Implement meeting documentation systems tracking decisions

Weeks 17-18: Cross-Functional Team Development

- Launch job shadowing programs allowing staff to observe colleagues
- Begin cross-training sessions ensuring understanding of approaches
- Implement professional development activities strengthening relationships
- Begin monthly team-building activities
- Launch trust-building exercises supporting confident collaboration
- Implement interdisciplinary learning opportunities

Weeks 19-20: Collaborative Problem-Solving Implementation

- Begin bi-weekly think tank meetings focusing on systemic challenges
- Launch interdisciplinary working groups tackling specific issues
- Implement innovation support systems encouraging creative solutions
- Begin regular assessment of collaborative innovation effectiveness
- Launch outcome tracking systems measuring problem-solving impact
- Implement continuous improvement protocols

Weeks 21-22: Assessment and Treatment Planning Integration

- Begin team-based assessment interpretation involving multiple perspectives
- Launch patient involvement protocols for meaningful participation
- Implement assessment documentation systems reflecting collaboration
- Begin comprehensive treatment planning meetings
- Launch rotating chair systems ensuring balanced perspective consideration
- Implement collaborative treatment plan development

Weeks 23-24: Dynamic Documentation Implementation

- Begin real-time treatment plan documentation updates
- Launch color-coding and organizational systems for coordination
- Implement automated alert systems ensuring staff remain informed
- Begin systematic coordination of care delivery
- Launch progress tracking systems integrating all team observations

- Implement visual progress monitoring tools

Weeks 25-36

Ongoing

Leadership & Culture

Technology & Infrastructure

Weeks 13-24

Weeks 25-36

Weeks 25-26: Goal Alignment Enhancement

- Launch goal alignment workshops coordinating clinical and programming objectives
- Begin 'goal translation' processes bridging gaps between disciplines
- Implement visual goal mapping systems illustrating coordination
- Begin sophisticated coordination protocols ensuring objectives complement
- Launch long-term recovery objective alignment
- Implement advanced coordination training for complex situations

Weeks 27-28: Patient-Centered Collaboration Enhancement

- Launch patient-centered planning sessions bringing together all members
- Begin shared decision-making tool implementation
- Implement enhanced patient feedback integration
- Begin systematic enhancement of patient experience
- Launch patient satisfaction monitoring specific to collaborative care
- Implement patient-reported outcome measures

Weeks 29-30: Advanced Quality Assurance

- Begin sophisticated monitoring of collaborative care quality
- Launch advanced outcome measurement systems
- Implement quality assurance protocols ensuring collaborative excellence
- Begin advanced team development training
- Launch specialized training for challenging collaboration situations
- Implement mentorship programs pairing experienced with developing practitioners

Weeks 31-32: Innovation Integration

- Launch sophisticated problem-solving protocols for complex challenges
- Begin advanced working group structures tackling multi-faceted issues
- Implement innovation integration systems ensuring enhancement
- Begin research initiatives documenting model effectiveness
- Launch evidence-based practice integration
- Implement data collection and analysis systems

Weeks 33-34: External Collaboration and Community Integration

- Launch collaborative care principles extension to community partnerships
- Begin coordinated care delivery with external providers
- Implement family involvement enhancement through collaborative principles
- Begin collaboration with other treatment centers
- Launch consultation and training services
- Implement knowledge sharing and professional development networks

Weeks 35-36: Sustainability and Future Development Planning

- Develop comprehensive sustainability plans maintaining quality
- Create succession planning for key collaborative care leadership roles
- Implement resource allocation and budget planning
- Launch strategic planning for model enhancement and expansion
- Begin development of advanced collaborative care protocols
- Implement ongoing research and evaluation

Ongoing

Leadership & Culture**Technology & Infrastructure**

Weeks 13-24

Weeks 25-36

Ongoing

Monthly: Quality and Effectiveness Review

- Monitor effectiveness of daily huddles and weekly case conferences
- Track communication system utilization and team satisfaction
- Assess technology platform performance and user engagement
- Evaluate collaborative care impact on patient satisfaction
- Monitor team cohesion and professional relationship quality
- Assess staff satisfaction and professional development

Quarterly: Comprehensive Collaboration Assessment

- Comprehensive review of collaborative problem-solving effectiveness
- Analysis of goal alignment quality and interdisciplinary coordination
- Evaluation of patient-centered collaboration implementation
- Quarterly assessment of team development needs
- Integration of new collaborative care approaches
- Enhancement of training programs supporting collaborative excellence

Annually: Strategic Collaboration Review

- Annual assessment of collaborative care model impact
- Research collaboration and publication planning
- Evidence-base contribution through systematic data collection
- Annual review and refinement of collaborative care model
- Planning for model adaptation to different populations
- Development of advanced collaborative care protocols

Leadership & Culture

Technology & Infrastructure

Part 4 · Assessment

Communication Systems and Information Flow

Structured Communication and Team Information Sharing

1

I regularly participate in daily huddles that address immediate patient care needs and team coordination.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Never (1)Rarely (2)Sometimes (3)Often (4)Always (5)

Selected: 3

2

Our team has effective weekly case conferences that allow for deep exploration of complex patient situations.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Never (1)Rarely (2)Sometimes (3)Often (4)Always (5)

Selected: 3

3

I have access to HIPAA-compliant digital platforms that help me stay informed about patient progress and treatment plans.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Never (1)Rarely (2)Sometimes (3)Often (4)Always (5)

Selected: 3

4

Communication between team members is timely, clear, and focused on patient care objectives.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Never (1)Rarely (2)Sometimes (3)Often (4)Always (5)

Selected: 3

5

I feel well-informed about changes in patient status, treatment plans, and team decisions.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Never (1)Rarely (2)Sometimes (3)Often (4)Always (5)

Selected: 3

6

Our communication systems support responsive care delivery when patient needs change quickly.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Never (1)Rarely (2)Sometimes (3)Often (4)Always (5)

Selected: 3

7

I can easily access comprehensive patient information that reflects input from multiple team members.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Never (1)Rarely (2)Sometimes (3)Often (4)Always (5)

Selected: 3

Cross-Functional Understanding and Team Cohesion

Professional Understanding and Collaborative Relationships

1

I have a clear understanding of my colleagues' roles, responsibilities, and professional expertise.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

2

I've had opportunities to observe or shadow colleagues in different roles to better understand their work.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

3

Our team regularly participates in cross-training sessions that enhance understanding of different treatment approaches.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

4

I feel comfortable approaching colleagues from different disciplines for consultation and collaboration.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

5

Team-building activities strengthen our professional relationships and improve collaborative problem-solving.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

6

I trust my colleagues' professional judgment and expertise in their areas of specialization.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

7

Our team functions as a unified entity rather than a collection of independent professionals.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

8

I feel supported by my colleagues when facing challenging patient care situations.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Collaborative Problem-Solving and Innovation

Team-Based Challenge Resolution and Creative Solutions

1

Our team has regular opportunities to collaboratively address systemic challenges and develop innovative solutions.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

2

I participate in think tank meetings or working groups that tackle specific treatment delivery issues.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

3

Problem-solving in our team draws on diverse perspectives and expertise from multiple disciplines.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

4

Solutions developed through collaborative processes are comprehensive and consider all aspects of patient care.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

5

I feel comfortable contributing my ideas and perspectives to team problem-solving sessions.

☐ 1 ☐ 2 ☒ 3 ☐ 4 ☐ 5

Selected: 3

6

Our team effectively balances different viewpoints to reach consensus on patient care decisions.

☐ 1 ☐ 2 ☒ 3 ☐ 4 ☐ 5

Selected: 3

7

Collaborative problem-solving leads to creative and effective solutions that individual approaches might miss.

☐ 1 ☐ 2 ☒ 3 ☐ 4 ☐ 5

Integrated Assessment and Treatment Planning

Collaborative Assessment Processes and Treatment Plan Development

1

Our assessment process involves collaborative input from multiple team members from the beginning of treatment.

☐ 1 ☐ 2 ☒ 3 ☐ 4 ☐ 5

Selected: 3

2

Assessment results are interpreted through team-based discussions that consider multiple perspectives.

☐ 1 ☐ 2 ☒ 3 ☐ 4 ☐ 5

Selected: 3

3

Treatment priorities are developed collaboratively, reflecting both clinical needs and practical implementation considerations.

☐ 1 ☐ 2 ☒ 3 ☐ 4 ☐ 5

Selected: 3

4

Patients are meaningfully involved in the assessment process through self-evaluation tools and feedback opportunities.

☐ 1 ☐ 2 ☒ 3 ☐ 4 ☐ 5

Selected: 3

5

Treatment plans reflect input from all relevant team members rather than single-discipline perspectives.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

6

Our collaborative assessment process creates comprehensive understanding of patient needs and goals.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

7

I feel confident that our assessment process captures all important aspects of patient care needs.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Treatment Planning Meetings and Decision-Making

Collaborative Treatment Planning Sessions and Shared Decision Processes

1

Treatment planning meetings involve all relevant team members in meaningful collaborative decision-making.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

2

Our treatment planning meetings use structured approaches that ensure all perspectives are heard and considered.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

3

Leadership in treatment planning meetings rotates or is shared to ensure balanced input from all disciplines.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

4

Treatment planning sessions result in clear, coordinated strategies that all team members understand and support.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

5

Patients are appropriately involved in treatment planning meetings and decision-making processes.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

6

Treatment planning meetings balance structure with flexibility to allow for creative problem-solving.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

7

I feel that my professional input is valued and considered in treatment planning decisions.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Dynamic Documentation and Real-Time Coordination

Living Treatment Records and Coordinated Care Delivery

1

Our treatment plan documents are updated in real-time to reflect changing patient needs and progress.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

2

Documentation systems make it easy to see input from multiple team members and understand coordinated care strategies.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

3

I receive timely alerts and notifications when there are significant changes in patient status or treatment plans.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

4

Color-coding or other organizational systems help me quickly identify different aspects of treatment plans and coordinate my interventions.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

5

Our documentation supports responsive care delivery by keeping all team members informed and coordinated.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

6

Treatment plan documents serve as effective communication tools between team members.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

7

I can easily track patient progress and see how different interventions and team members contribute to overall outcomes.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Goal Alignment and Interdisciplinary Coordination

Objective Coordination and Cross-Discipline Integration

1

Clinical and programming goals are regularly reviewed and aligned to ensure they support each other.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

2

Our team has effective processes for 'translating' clinical objectives into programmatic activities and vice versa.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

3

I can see clear connections between clinical work and programming objectives for patients I work with.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

4

Visual goal maps or similar tools help me understand how different treatment components contribute to overall patient progress.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

5

Goal alignment workshops or meetings help ensure all team members are working toward coordinated objectives.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

6

Different team members' objectives complement rather than compete with each other.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

7

Long-term recovery objectives are clearly understood and supported by all team members regardless of discipline.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Patient-Centered Collaboration and Shared Decision-Making

Patient Involvement and Collaborative Care Delivery

1

Patients are meaningfully involved in collaborative treatment planning and decision-making processes.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

2

Shared decision-making tools help patients participate actively in their treatment planning.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

3

Patient feedback is regularly collected and integrated into collaborative care planning processes.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

4

Treatment plans reflect patient preferences and goals as well as clinical and programmatic objectives.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

5

Patients experience our team as unified and coordinated rather than as separate service providers.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

6

Patient-centered planning sessions bring together all relevant team members to coordinate care strategies.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

7

Our collaborative approach enhances rather than complicates patient experience with treatment services.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Selected: 3

Scoring guide

Excellent Collaborative Care Integration

Score: 240 and above

Outstanding team collaboration and coordinated care delivery. Focus on mentoring other teams and advanced collaborative innovation.

Good Collaboration with Enhancement Opportunities

Score: 200 and above

Strong collaborative foundation with specific areas needing development. Identify lowest-scoring sections for targeted improvement efforts.

Moderate Collaboration Needs

Score: 160 and above

Significant opportunities for better team integration and coordinated care delivery. Systematic collaborative care programming recommended.

Low Collaboration Requiring Intensive Support

Score: 120 and above

Major gaps between team members creating fragmented care delivery. Comprehensive collaborative care integration essential.

Crisis-Level Team Fragmentation

Score: below the band above

Urgent need for intensive team integration and collaborative care coordination interventions. Consider specialized team development or enhanced supervision.

Part 5 · Worksheet

Collaborative Care Integration Worksheet

Reflection Questions for Treatment Teams

Individual Team Member Collaboration

1. Communication Effectiveness: How effectively do our current communication systems support your ability to coordinate care and stay informed about patient progress? What communication improvements would most enhance your ability to collaborate?

2. Information Access: How easily can you access comprehensive patient information that reflects input from multiple team members? What barriers exist to getting the information you need for effective coordination?

3. Professional Understanding: How well do you understand your colleagues' roles, expertise, and professional perspectives? What would help you better understand and collaborate with team members from other disciplines?

4. Collaborative Comfort: How comfortable do you feel approaching colleagues from different disciplines for consultation, collaboration, or problem-solving? What creates comfort versus hesitation in cross-disciplinary collaboration?

Team Communication and Information Sharing

1. Daily Communication: How effective are our daily huddles or communication routines in addressing immediate patient care needs and maintaining team coordination? What improvements would make daily communication more effective?

2. Case Conference Quality: How well do our weekly case conferences allow for deep exploration of complex patient situations and collaborative problem-solving? What would enhance the quality and effectiveness of these meetings?

3. Technology Utilization: How effectively do our digital platforms and technology systems support seamless information flow and coordinated care delivery? What technology improvements would enhance collaboration?

4. Real-Time Coordination: How well can our team respond to rapid changes in patient needs or treatment plans? What would improve our ability to coordinate care in real-time situations?

Cross-Functional Understanding and Team Development

1. Role Understanding: How clearly do you understand the roles, responsibilities, and expertise of colleagues from other disciplines? What would help you develop deeper understanding of your colleagues' professional contributions?

2. Cross-Training Value: How beneficial have cross-training sessions or job shadowing opportunities been for your understanding of different treatment approaches? What additional cross-training would be most valuable?

3. Team Cohesion: How effectively do team-building activities and professional development opportunities strengthen collaborative relationships? What team development approaches would be most beneficial?

4. Professional Trust: How confident are you in your colleagues' professional judgment and expertise? What builds or undermines professional trust within the team?

Collaborative Problem-Solving and Innovation

1. Problem-Solving Participation: How effectively do think tank meetings or working groups allow you to contribute to addressing systemic challenges? What would increase your engagement and contribution to collaborative problem-solving?

2. Diverse Perspective Integration: How well does our team balance different viewpoints and expertise when developing solutions to complex problems? What would improve our ability to integrate diverse perspectives effectively?

3. Innovation Support: How well do our collaborative processes support creative and innovative approaches to treatment challenges? What would enhance our team's capacity for innovation and creative problem-solving?

4. Solution Implementation: How effectively are solutions developed through collaborative processes implemented and sustained? What would improve our follow-through on collaborative decisions?

Treatment Planning and Patient-Centered Collaboration

1. Assessment Collaboration: How well does our assessment process involve collaborative input from multiple team members? What would improve collaborative assessment quality and comprehensiveness?

2. Treatment Priorities: How effectively do we develop treatment priorities that reflect both clinical needs and practical implementation considerations? What would improve our priority-setting processes?

3. Patient Involvement: How meaningfully are patients involved in collaborative assessment and treatment planning processes? What would enhance patient engagement and participation in care planning?

4. Patient Experience: How do patients experience our team - as unified and coordinated or as separate service providers? What would improve patients' experience of coordinated care?

Next Steps

After completing this worksheet, consider:

- Sharing responses with your team in a collaborative meeting
- Identifying priority areas for team development and training
- Creating an action plan for enhancing collaborative care integration
- Reviewing the Implementation Map for systematic integration guidance